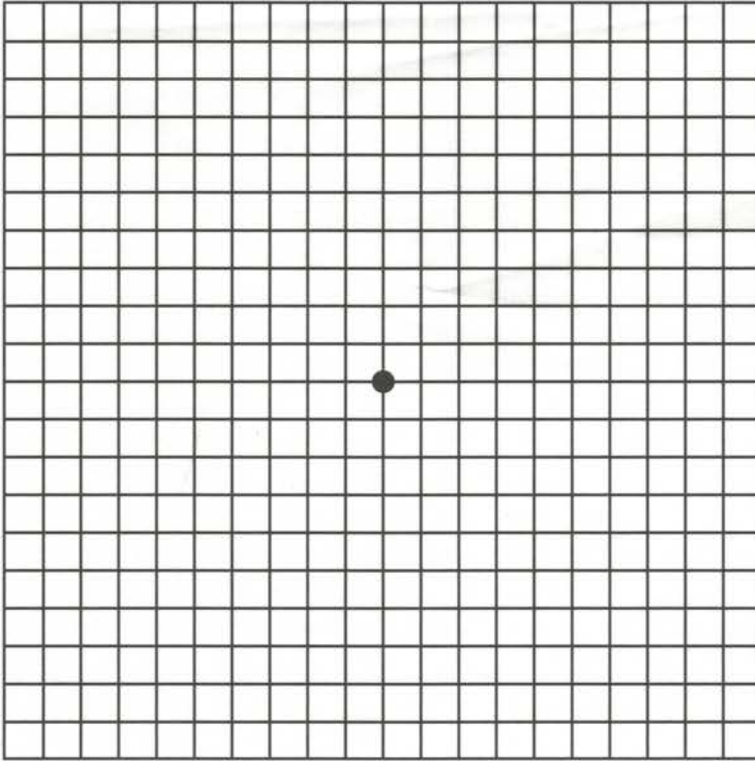


AMSLER GRID



INSTRUCTIONS:

1. Do not remove glasses or contacts you normally wear for reading.
2. Hold the grid approximately 13in (33cm) away at eye level in a well-lit room.
3. Cover one eye with your hand and focus on the centre dot with your uncovered eye. Repeat with the other eye.
4. If you see any wavy, broken or distorted lines, or blurred or missing areas of vision, you may be displaying symptoms of AMD & should contact your eye care provider.



Northern Eye Centre

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